



Safety Bulletin EM 385-1-1

Mobile District Safety and Occupational Health Office
FALL RESCUE PLAN AND PROCEDURES

Bulletin 37-09

The 15 September 2008 Safety Manual (yellow book) is now in effect for most new contracts and government operations. Please note the changes for rescue plans and procedures as stated below.

21.M RESCUE PLAN AND PROCEDURES. The employer is required to provide prompt rescue to all fallen workers.

21.M.01 A rescue plan (see ANSI Z359.2, Written Rescue Procedures) shall be prepared and maintained when workers are working at heights and using fall protection equipment.

21.M.02 The plan shall contain provisions for self-rescue and assisted rescue of any worker who falls including rescue equipment. If other methods of rescue are planned (i.e. by a jurisdictional public or Government emergency rescue agencies), it shall be indicated in the rescue plan including how to contact and summon the agency to the mishap site.

21.M.03 Personnel conducting rescue shall be trained accordingly.

21.M.04 If required, anchorages for self-rescue and assisted-rescue shall be identified, selected, and documented in Site-Specific Fall Protection and Prevention Plan. Anchorages selected for rescue shall be capable of withstanding static loads of 3,000 lbs (13.3 kN) or five times the applied loads as designed by Qualified Person for fall protection.

21.M.05 Workers using fall protection equipment shall have an assigned safety person (spotter) also known as the “buddy system”, who will be within visual/verbal range to initiate rescue of the fallen worker if required.



Please post and share with others

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