



Safety Bulletin EM 385-1-1

Mobile District Safety and Occupational Health Office
Fall Protection - Training

Bulletin 34-09

The 15 September 2008 Safety Manual (yellow book) is now in effect for most new contracts and government operations. Please note the changes for fall protection program as stated below.

21.C FALL PROTECTION PROGRAM.

21.C.01 If Contractor has personnel working at heights, exposed to fall hazards and using fall protection equipment, he shall develop a Site-Specific Fall Protection and Prevention Plan and submit it to the GDA for acceptance as part of their APP. The plan shall describe, in detail, the specific practices, equipment and methods used to protect workers from falling to lower level. This plan shall be updated as conditions change, at least every six months and shall include:

- a. Duties and responsibilities. Identify Competent and Qualified Persons for fall protection and their responsibilities and qualifications;
- b. Description of the project or task performed;
- c. Training requirements to include the safe use of fall protection equipment;
- d. Anticipated hazards and fall hazard prevention and control;
- e. Rescue plan and procedures;
- f. Design of anchorages/fall arrest and horizontal lifeline systems:
 - (1) It is realized that the provision of fall protection for the first person up for establishing anchorages ONLY would be difficult. In this situation, fall protection may not be required. After anchorages are installed, fall protection is required.
 - (2) The contractor shall identify all locations where anchorages need to be established, and detail in the Plan/AHA how work will be performed safely.
- g. Inspection, maintenance and storage of fall protection equipment;
- h. Incident investigation procedures;
- i. Evaluation of program effectiveness and,
- j. Inspection and oversight methods employed.

21.C.02 Each USACE-owned facility shall develop a written fall protection program if they have personnel working at heights, exposed to fall hazards and using fall protection equipment. The facility shall conduct a fall hazard survey, prepare survey report at existing buildings or structures, and comply with the program elements and requirements as identified.

